

Garden Darts

Official Rules Guide — Premier Disco Giant Games

2-4 Players (teams of 2)	35ft Distance between targets	2 Darts per turn	8+ Recommended age
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About the Game

Not the pub dartboard version — this is yard/lawn darts, thrown underarm at a ground target from a distance. Simple to set up, easy to explain, and genuinely competitive once you get a feel for the lob.

What's included: giant darts with rounded plastic tips, designed to stick into grass — safe to use, with no risk of physical injury even if one hits a person.

How to Set Up

- 1 Place the two circular targets on the ground 35ft apart — move them closer together for younger or beginner players.
- 2 With two players, stand together on the same side and aim at the same target, swapping ends each round.
- 3 With teams of two, put one player from each team at each end so you're always throwing against your opponent.

How to Play

- 1 Each team gets two darts (one colour each).
- 2 Players alternate throws, one team at a time.
- 3 Throw underarm toward the target on the other end, aiming for enough of an arc that the dart lands nearly upright.

***Tip:** A flat, hard throw tends to bounce off target rather than land cleanly — a high, arcing lob beats it almost every time.*

Scoring

A dart landing inside the circle (a "ringer") scores 3 points. If both teams land a ringer in the same round, those points cancel each other out and nobody scores. The first team to reach exactly 21 points wins — agree before you start whether going over 21 busts you back down, or whether it's simply first past the post, since house rules vary.

A Few Strategy Tips

- **Arc it, don't flatten it.** A high lob is the throw least likely to skid off target.
- **Watch your opponent's landing.** It helps you judge the distance before your own throw.
- **Aim clean, not just close.** A tie in the circle cancels both scores out.

Variations

- **Handly Cup scoring.** A more competitive points system (1, 2, 3, 4, or 6 points depending on how darts land relative to each other) for groups who want more scoring nuance than the standard ringer-only rules.

Frequently Asked Questions

Is Garden Darts safe for a family event?

Yes — the darts have rounded plastic tips designed to stick into grass, with no risk of physical injury even if one hits a person.

How many players can play?

Two, or teams of two — up to four players in total.

What's a ringer?

A dart that lands cleanly inside the circular target, scoring 3 points.

How do you win?

Standard play is first to exactly 21 points, though house rules vary on whether going over busts you back down.